



2009 Academic All-District Women's Track/Cross Country Team

District 1

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Stacie Boyle	SYRACUSE	I	Sr.	Cupertino, Calif.	3.86	Broadcast journalism / Intl relations
Brittany Burns	MARIST	I	Jr.	Watertown, N.Y.	3.95	Psychology / special education
Nicole Burns	BROWN	I	Sr.	Newburgh, N.Y.	3.43	Commerce, org. & entrepreneurship
Rebecca Christensen	HARVARD	I	Sr.	Celina, Texas	3.41	Psychology
Edwina Clark	BOSTON UNIVERSITY	I	Sr.	Sydney, Australia	3.78	Nutritional sciences
Shayna Daugherty	RHODE ISLAND	I	Jr.	Lincoln, R.I.	3.75	Communicative disorders
Elizabeth Foster	HARTFORD	I	Sr.	Ellington, Conn.	3.79	Health sciences / physical therapy
Malin Marmbrandt	MANHATTAN	I	Jr.	Sweden	3.69	Marketing
Annie Taft	U.S. MILITARY ACADEMY	I	Jr.	Medford, N.J.	3.94	Management
Tina Villa	BUFFALO	I	Sr.	Saratoga Springs, N.Y.	3.78	Management

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Lindsay Burlock	MAINE	I	Sr.	Caribou, Maine	3.56	Food sci. & nutrition/kinesiology/P.E.
Laura Cummings	ALBANY	I	Sr.	Bay Shore, N.Y.	3.41	English
Annelore Desaedeleer	IONA	I	Gr.	Dworp, Belgium	3.67	Marketing
Shannon Flahive	HARVARD	I	Sr.	Littleton, Colo.	3.42	Economics
Phylcia George	CONNECTICUT	I	Jr.	Markham, Ontario	3.92	Physiology / neurobiology
Jackie Hargrove	MANHATTAN	I	So.	Vienna, Va.	3.85	Psychology
Aisha Hillian	LONG ISLAND	I	Sr.	Jefferson City, Mo.	3.74	Childhood urban education
Claire Richardson	HARVARD	I	So.	St. Paul, Minn.	3.66	Neurobiology
Stephanie Jette	MAINE	I	Sr.	Lovell, Maine	3.93	Elementary education
Kaitlin Vaughan	CONNECTICUT	I	Sr.	Bethel Park, Pa.	3.98	Molecular-cell bio. / neuro physiology

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Isabel Alexander	BATES	I	Sr.	Harvard, Mass.	3.78	Psychology / Spanish
Anat Ben Nun	BRANDEIS	I	Sr.	Haifa, Israel	3.94	International & global studies
Sarah Brassard	MASSACHUSETTS LOWELL	I	Sr.	Oxford, Mass.	3.79	Exercise physiology
Amanda DiPaolo	SPRINGFIELD (MASS)	I	Jr.	Garrison, N.Y.	3.97	History
Shannon Gagne	NEW HAVEN	I	Jr.	Meriden, Conn.	3.91	Criminal justice
Laura Iafrati	GENESEIO STATE	I	Sr.	Hilton, N.Y.	3.94	Biology / honors program
Cathryn LaRiviere	EMMANUEL (MASS)	I	Sr.	Windham, N.H.	4.00	Elementary education & liberal arts
Amy Magnuson	MASS. INST. OF TECH.	I	Jr.	Lawrence, Kan.	3.92	Civil engineering
Elise Tropiano	AMHERST	I	Sr.	Plainview, N.Y.	3.64	Psychology
Jacqui Wentz	MASS. INST. OF TECH.	I	Jr.	Santa Rosa, Calif.	3.76	Biological engineering



2009 Academic All-District Women's Track/Cross Country Team

District 2

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Marie-Louise Asselin	WEST VIRGINIA	II	Jr.	Sarina, Ontario	3.67	Exercise physiology
Megan Brandeland	PRINCETON	II	Sr.	Prior Lake, Minn.	3.75	Ecology / evolutionary biology
Bridget Franek	PENN STATE	II	Jr.	Hiram, Ohio	3.51	Kinesiology (movement sci. option)
Maggie Infeld	GEORGETOWN	II	Gr.	University Hts., Ohio	3.63	Psychology (pre-medicine)
Anna Hoffman	SAINT FRANCIS (PA)	II	Jr.	Enon Valley, Pa.	3.87	Elementary / special education
Samantha Howard	DUQUESNE	II	Gr.	Moon Township, Pa.	3.87	History
Kelli McDonald	DELAWARE	II	Sr.	Phoenixville, Pa.	3.97	Accounting
Gillian Nordquist	BUCKNELL	II	Sr.	Clarkston, Mich.	3.89	Spanish / English (creative writing)
Katie Rogus	MARYLAND	II	Sr.	Brookville, Md.	4.00	Criminal justice
Erica Ziel	U.S. NAVAL ACADEMY	II	Jr.	Saginaw, Mich.	3.81	Oceanography

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Anna Aagenes	PENNSYLVANIA	II	Jr.	Doylestown, Pa.	3.73	Gender, culture & society
Janelle Adams	PITTSBURGH	II	Jr.	Altoona, Pa.	3.91	Chemical engineering
Christina Antonopoulos	DELAWARE	II	Jr.	York, Pa.	3.62	Biochemistry
Keri Bland	WEST VIRGINIA	II	Jr.	Fairview, W.Va.	3.41	Math
Mycaiah Clemons	PITTSBURGH	II	Sr.	New Kingsington, Pa.	3.65	Communications
Megan Hathaway	BUCKNELL	II	Sr.	N. Tonawanda, Pa.	3.69	Sociology (human services conc.)
Reilly Kiernan	PRINCETON	II	Jr.	Pelham, N.Y.	3.85	Sociology
Jessica Kloss	PRINCETON	II	Sr.	Moorestown, N.J.	3.32	Astrophysical sciences
Alea Murphy	TOWSON	II	Sr.	Clark's Summit, Pa.	3.74	Elementary education
Emma Schmelzer	PENN STATE	II	Sr.	Bloomington, Ill.	3.77	Anthropology
Jolee VanLeuven	PRINCETON	II	Sr.	Portland, Ore.	3.53	History

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Erin Beattie	SETON HILL	II	So.	Latrobe, Pa.	4.00	Math / actuarial science
Danielle Burcham	WILMINGTON (DEL)	II	Jr.	Bel Air, Md.	3.91	Studio prod. / broadcast journalism
Mary Dell	SHIPPENSBURG	II	Jr.	Boiling Springs, Pa.	3.97	Biology
Kerrin Epstein	GETTYSBURG	II	Jr.	Moravia, N.Y.	4.03	English / political science
Megan Grover	WAYNESBURG	II	Sr.	Arvada, Colo.	3.95	Biology / pre-dental
Jennifer Harpp	SLIPPERY ROCK	II	Jr.	Highland Hts., Ohio	3.92	Exercise science / physical therapy
Priscilla Jennings	MILLERSVILLE	II	Sr.	Quarryville, Pa.	3.80	Elementary education
Christa Johnson	URSINUS	II	Sr.	West Berlin, N.J.	3.91	Psychology
Caitlin Mullarkey	SWARTHMORE	II	Sr.	Wilmington, Del.	3.86	Honors biology
Erin Richard	CLARION	II	Sr.	Erie, Pa.	3.88	Elementary education
Lisa Shepherd	RICHARD STOCKTON	II	Jr.	Mays Landing, N.J.	3.92	Biology

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Susan Bochnovich	MISERICORDIA	II	Sr.	Olyphant, Pa.	3.92	Physical therapy
Jodi Bodo	BETHANY (WV)	II	Jr.	Steubenville, Ohio	3.87	Communication
Robin England	RUTGERS-CAMDEN	II	So.	Haddon Twp., N.J.	3.97	Economics
Erica Hess	SHIPPENSBURG	II	So.	Selinsgrove, Pa.	4.00	English
Stephanie Herrick	NEW JERSEY	II	Sr.	Wayne, N.J.	3.55	Communications
Rachael Lanzel	EDINBORO	II	Sr.	St. Marys, Pa.	3.78	Health & physical education
Kristen Morby	EAST STROUDSBURG	II	Sr.	Doylestown, Pa.	4.00	Physical therapy
Sumer Rohrs	FROSTBURG STATE	II	Sr.	Frostburg, Md.	3.56	Psychology
Julia Seward	GROVE CITY	II	Sr.	Elizabethton, Tenn.	3.96	English



2009 Academic All-District Women's Track/Cross Country Team

District 3

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Marley Burns	WAKE FOREST	III	So.	Asheville, N.C.	4.00	Health and exercise science
Lamarra Currie	CHARLOTTE	III	Sr.	Apex, N.C.	4.00	Psychology
Evelien Dekkers	FLORIDA, UNIVERSITY OF	III	Jr.	Etten-Leur, Netherlands	3.82	Food Science / human nutrition
Gabby Gioia	NORTH CAROLINA	III	So.	Nashville, Tenn.	3.62	English / pre-medicine
Susan Kuijken	FLORIDA STATE	III	Sr.	Nijmegen, Netherlands	3.76	Psychology
Diana Norden	CAMPBELL	III	Jr.	Nykoping, Sweden	4.00	Business administration
Rebekah Ricksecker	LIBERTY	III	Sr.	Laurel, Del.	3.97	Elementary education
Morgan Stengel	NORTH CAROLINA	III	Sr.	Nashville, Tenn.	3.95	Business administration
Marcie Veitch	COASTAL CAROLINA	III	Sr.	Tecumseh, Ontario	4.00	Biology
Lydia Willemse	FLORIDA STATE	III	Sr.	Forest, Ontario	3.58	Chemistry

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Alana Clooten	GEORGIA TECH	III	Sr.	Fairbanks, Alaska	3.64	Industrial engineering
Betsy Graney	WILLIAM & MARY	III	So.	Harper Woods, Mich.	3.88	Kinesiology
Natasha Harvey	JACKSONVILLE	III	Sr.	West Haven, Conn.	3.58	Exercise science
Bridget Lyons	GEORGIA	III	Jr.	Evans, Ga.	3.84	Biology
Erica Penk	GEORGIA TECH	III	So.	Dacula, Georgia	3.89	Computational media
Annalise Peters	GEORGIA	III	Jr.	Decatur, Ga.	3.95	Intl. affairs / environmental econ. mgmt.
Callie Pottinger	NORTH CAROLINA	III	Jr.	Atlanta, Ga.	3.34	Journalism & mass communication
Star Sansone	FLORIDA	III	Jr.	Boca Raton, Fla.	3.97	Accounting
Liane Weber	CLEMSON	III	Jr.	Wangen, Germany	3.79	Health science
Joanna Wright	GEORGIA TECH	III	So.	Winston-Salem, N.C.	3.81	Biology

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Jennifer Abelin	GUILFORD	III	Sr.	Somers, Conn.	3.69	Biology / chemistry
Jordan Beall	EMORY	III	Sr.	Boulder, Colo.	3.40	International studies
Andrea Freeze	EMBRY-RIDDLE (FLA)	III	So.	Topeka, Kan.	3.90	Human factors psychology
Sarah Hakala	GEORGIA COLL. & STATE U.	III	Sr.	Jacksonville, Fla.	4.00	Biology
Sarah Hickie	SHENANDOAH	III	Sr.	Johnson City, Tenn.	3.95	Business administration
Amber Hines	WINGATE	III	Sr.	Little Mountain, S.C.	4.00	Biology
Melissa Jones	EMORY	III	Sr.	Zionsville, Ind.	3.59	Business
Ashley Roane	VIRGINIA WESLEYAN	III	Sr.	Chesapeake, Va.	3.92	Religious studies / French
Katie Sheehan	EMORY	III	Sr.	Glenville, N.Y.	3.95	Biology
Rebecca Taylor	WASHINGTON & LEE	III	Sr.	Hamilton, Ohio	4.04	Economics
Elizabeth Webb	WASHINGTON & LEE	III	Sr.	Middlebury, Va.	4.07	Biochemistry



2009 Academic All-District Women's Track/Cross Country Team

District 4

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Sivan Aballi	MEMPHIS	IV	Gr.	Holon, Isreal	3.80	Communication
Amanda Alexander	TENNESSEE	IV	Gr.	Nashville, Tenn.	3.92	Psychology
Lesley Binning	JACKSONVILLE STATE	IV	Sr.	Ontario, Canada	4.00	Exercise science and wellness
Sarah Bowman	TENNESSEE	IV	Sr.	Warrenton, Va.	3.87	Business
Carrie Burggraf	AUSTIN PEAY STATE	IV	Jr.	Marion, Ohio	4.00	Political science
Carolyn Latham	LIPSCOMB	IV	Sr.	San Rafael, Calif.	3.98	Exercise science
Keri Light	TENNESSEE TECH	IV	Gr.	Kingsport, Tenn.	3.94	Psychology
Mollie Schlarman	BELMONT	IV	Sr.	Southgate, Ky.	3.98	Biology / pre-physical therapy
Amanda Scott	VANDERBILT	IV	Sr.	Virginia Beach, Va.	3.99	Chemical engineering / chemistry
Phoebe Wright	TENNESSEE	IV	Jr.	Signal Mtn., Tenn.	3.96	Biological sciences

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Annie Beecham	OHIO	IV	Jr.	Granville, Ohio	3.80	Magazine journalism
Ashley Cattran	DAYTON, UNIVERSITY OF	IV	So.	Centerville, Ohio	3.98	Pre-med
Alicia Essex	TENNESSEE	IV	Sr.	Purcellville, Va.	3.72	Graphic design
Andrea Halasek	KENTUCKY	IV	Sr.	Georgetown, Ky.	3.60	Elementary education
Stephanie Hillman	BOWLING GREEN STATE	IV	Sr.	Westerville, Ohio	4.00	Dietetics
Carrie Kayes	AKRON, UNIVERSITY OF	IV	Jr.	Green, Ohio	3.62	Exercise science
Jenna Ortman	KENTUCKY	IV	Sr.	Williamsville, N.Y.	3.61	Communications
Jessica Ortman	KENTUCKY	IV	Sr.	Williamsville, N.Y.	3.63	Communications
Stephanie Place	TENNESSEE TECH	IV	Sr.	Bristol, Tenn.	3.73	Nursing
Bettie Wade	MICHIGAN	IV	Sr.	Northville, Mich.	3.38	Mathematics

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Mary Angell	KENTUCKY	IV	So.	Byron Center, Mich.	3.70	Undecided
Lauren Blase	YOUNGSTOWN STATE	IV	Jr.	Boardman, Ohio	3.87	Exercise Science / physical therapy
Maureen Bulgrin	DAYTON	IV	So.	Munroe Falls, Ohio	3.64	Adolescence to young adult edu.
Mary Chris Durham	KENTUCKY	IV	Jr.	Owensboro, Ky.	3.47	Communications / history
Holly Knight	AUBURN	IV	So.	Devon, England	3.85	Psychology
Claire Laverty	KENTUCKY	IV	Jr.	Yorktown, Ind.	3.63	Psychology
Katherine Peterson	KENTUCKY	IV	Jr.	Louisville, Ky.	3.35	Integrated strategic communications
Jennifer Svoboda	KENTUCKY	IV	So.	Howells, Neb.	3.41	Undecided
Jessica Tanner	OHIO UNIVERSITY	IV	Sr.	Newark, Ohio	3.99	Accounting



2009 Academic All-District Women's Track/Cross Country Team

District 4

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Kristen Ameling	TIFFIN	IV	Sr.	Milbury, Ohio	3.97	Accounting
Julie Bratt	CALVIN	IV	Sr.	Lynden, Wash.	3.68	Education
Regina Bresson	OHIO NORTHERN	IV	Sr.	Canfield, Ohio	3.95	Pharmacy
Kylen Cieslak	NORTHWOOD (MICH)	IV	Jr.	Livonia, Mich.	3.93	Management
Samantha Higdon	DEFIANCE	IV	Jr.	Waldron, Ind.	3.96	Accounting
Joy Kessler	OHIO NORTHERN	IV	Sr.	Attica, Ohio	3.97	Social Studies
Jessica Koster	CALVIN	IV	Jr.	Grand Rapids, Mich.	4.00	Occupational therapy / psychology
Nora Kuiper	HOPE	IV	Sr.	Parchment, Mich.	3.93	Chemistry
Katie Navarre	DENISON	IV	So.	Upper Arlington, Ohio	3.94	Political Science / Spanish
Sarah Wittingen	CALVIN	IV	Sr.	E. Grand Rapids, Mich.	3.99	Accounting

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Andrea Bader	TIFFIN	IV	Sr.	Greenwich, Ohio	3.87	Finance
Ashlie Britton	OHIO WESLEYAN	IV	Jr.	LeRoy, Ohio	3.95	Psychology
Ali Gemma	OBERLIN	IV	Sr.	New York, N.Y.	3.71	Religion / English
D'Arcy Hlavin	BALDWIN-WALLACE	IV	Jr.	Berea, Ohio	3.64	Sports med. / pre-physical therapy
Joanna Johnson	OBERLIN	IV	So.	Chico, Calif.	3.61	Biology / French
Kayla Miller	WOOSTER	IV	Sr.	Mercer, Pa.	3.56	Political science
Nicky Ouellet	OBERLIN	IV	Sr.	Dunbarton, N.H.	3.68	English / Russian
Annie Patton	MOUNT UNION	IV	So.	Darlington, Pa.	3.97	Exercise science
Elisabeth Pyles	CEDARVILLE	IV	Sr.	Cedarville, Ohio	3.88	Early childhood education
Sarah Shinn	OHIO WESLEYAN	IV	Jr.	Edinboro, Pa.	3.94	Accounting



2009 Academic All-District Women's Track/Cross Country Team

District 5

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Angela Bizzarri	ILLINOIS	V	Jr.	Mason, Ohio	3.55	Molecular & cellular biology
Alyssa Bradford	VALPARAISO	V	Jr.	Mukwonago, Wis.	3.98	Exercise science
Lindsey Gilman	VALPARAISO	V	Jr.	South Bend, Ind.	4.00	Chemistry / mathematics
Meghan Ginter	NORTHERN ILLINOIS	V	Sr.	Aurora, Ill.	3.94	Nutrition & dietetics
Sarah Hurley	WISCONSIN-MADISON	V	Sr.	Appleton, Wis.	3.84	Political science / Spanish
Gwen Jorgensen	WISCONSIN	V	Gr.	Waukesha, Wis.	3.73	Accounting
Vera Neuenswander	INDIANA	V	Jr.	Jefferson City, Mo.	3.97	Social studies education
Kara Patterson	PURDUE	V	Sr.	LaCenter, Wash.	3.76	Nutrition, fitness & health
Wendi Robinson	INDIANA	V	Jr.	Danville, Ind.	3.90	Exercise science
Bianca Stuart	SOUTHERN ILLINOIS	V	Sr.	Nassau, Bahamas	3.58	Dental hygiene

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Rebecca Bauman	NOTRE DAME	V	Sr.	Grand Rapids, Mich.	3.66	Finance / psychology
Ali Bishel	BALL STATE	V	Jr.	Chesterton, Ind.	3.67	Landscape architecture
Michelle Brunk	ILLINOIS STATE	V	So.	Palatine, Ill.	3.93	Spanish
Kylie Hutson	INDIANA STATE	V	Jr.	Terre Haute, Ind.	3.32	Physical education / exercise sci.
Crystina Martinez	IPFW	V	Sr.	Valparaiso, Ind.	3.51	Business
Erica Moore	INDIANA STATE	V	Jr.	Sullivan, Ind.	3.62	Geology
Holly Nearman	WISCONSIN-MILWAUKEE	V	Sr.	Monroe, Wis.	3.70	Journalism / mass communication
Laura Rolf	VALPARAISO	V	Sr.	Rochester, Mich.	3.58	New Media / journalism
Mallory Peck	PURDUE	V	Sr.	Sioux Falls, S.D.	3.59	Health sciences
Pam Staton	LOYOLA (ILL)	V	Sr.	Ingleside, Ill.	3.63	Psychology
Jackie Ziegler	ILLINOIS	V	Sr.	Deerfield, Ill.	3.87	Community health

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Nikki Arola	ST. THOMAS (MINN)	V	Jr.	Chisholm, Minn.	3.97	Psychology
Lauren Brown	WINONA STATE	V	So.	Madison, Minn.	4.00	Cellular & molecular biology
Keli Coleman	AUGUSTANA (ILL)	V	Sr.	Grayslake, Ill.	3.83	Biology / pre-medicine
Jennifer Hensel	MINNESOTA ST., MOORHEAD	V	Sr.	Frazee, Minn.	3.81	Physical education / health edu.
Liz Kooistra	WISCONSIN-EAU CLAIRE	V	Sr.	Lakeville, Minn.	3.58	Psychology (behavior analysis)
Ayla Mitchell	WISCONSIN-OSHKOSH	V	Jr.	New Richmond, Wis.	3.91	Elementary education
Ashley Roemer	MINNESOTA ST., MOORHEAD	V	Sr.	Maple Lake, Minn.	3.96	Elementary education
Emily Schaf	INDIANAPOLIS	V	Gr.	Boggstown, Ind.	3.98	Doctorate of physical therapy
Caitlin Schetter	WISCONSIN -LA CROSSE	V	Sr.	Kiel, Wis.	3.75	Communication studies
Katie Theisen	ST. THOMAS (MINN)	V	Sr.	Elko, Minn.	4.00	Biology

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Lisa Baumert	WHEATON (ILL)	V	Sr.	Fremont, Neb.	3.45	Political science / theology
Lisa Brown	GUSTAVUS ADOLPHUS	V	Sr.	Lake Crystal, Minn.	3.41	Health fitness
Karen Campbell	CARLETON	V	Sr.	Rochester, N.Y.	3.75	Economics / philosophy
Heather DeLany	MILWAUKEE SCH. OF ENG.	V	Sr.	West Bend, Wis.	3.85	Architectural engineering
Hannah Humbach	WISCONSIN-EAU CLAIRE	V	Jr.	Madison, Wis.	3.97	Microbiology
Alicia McCoy	ILLINOIS WESLEYAN	V	Jr.	Irving, Texas	3.72	Accounting
Brandi McNeil	WHEATON (ILL)	V	Sr.	Villa Park, Ill.	3.47	Psychology
Lisa Meyer	WINONA STATE	V	Sr.	Bloomington, Minn.	3.96	Biology (allied health)
Jessica Monson	WISCONSIN-PARKSIDE	V	Sr.	Powers Lake, Wis.	3.87	Nursing
Katelin Rains	MINNESOTA ST., MANKATO	V	Sr.	Spring Lake Park, Minn.	3.54	Elementary education
Jessica Scott	WISCONSIN-PLATTEVILLE	V	Sr.	Kiel, Wis.	3.75	Biology / pre-physical therapy
Pam Sellberg	WISCONSIN-STOUT	V	Sr.	Brooklyn Park, Minn.	3.80	Manufacturing engineering



2009 Academic All-District Women's Track/Cross Country Team

District 6

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Caitlin Clancy	TULSA	VI	Jr.	Tuscon, Ariz.	4.00	Mechanical engineering
Mikaela Johansson	OKLAHOMA	VI	Sr.	Stockholm, Sweden	4.00	Public relations
Amy Backel	OKLAHOMA	VI	Jr.	Dillsburg, Pa.	4.00	Civil engineering
Tara Diebold	ARKANSAS	VI	So.	Branson, Mo.	4.00	Communication disorders
Katie Stripling	ARKANSAS	VI	Jr.	Jonesboro, Ark.	3.94	Kinesiology
Whitney Kerth	ARKANSAS-LITTLE ROCK	VI	Sr.	Perryville, Ark.	4.00	Economics
Denise Bargiachi	ARKANSAS	VI	Sr.	Memphis, Tenn.	3.73	Journalism
Patience Knight	TEXAS TECH	VI	Sr.	San Antonio, Texas	3.96	Wildlife mgmt. / game management
Dana Mecke	TEXAS-SAN ANTONIO	VI	Jr.	Bulverde, Texas	3.95	Mechanical engineering
Eleanor "Lennie" Waite	RICE	VI	Gr.	Austin, Texas	3.84	Economics / psychology / mgr. stud.

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Alex Becker	TULSA	VI	Sr.	Guelph, Ontario	3.58	Elementary education
Erin Bedell	BAYLOR	VI	Jr.	Plano, Texas	3.67	Health Science studies
Leslie Bourgeois	NICHOLLS STATE	VI	Sr.	Raceland, La.	3.37	Human performance / education
Heather Bullin	TEXAS STATE	VI	Jr.	Cedar Park, Texas	3.92	Exercise & sports science
Erica Clark	HOUSTON BAPTIST	VI	So.	Houston, Texas	4.00	Mathematics / business
Jannah Evans	TEXAS STATE	VI	Jr.	Lago Vista, Texas	3.72	Exercise & sports science
Katie Evans	TEXAS STATE	VI	Jr.	Helotes, Texas	3.55	International studies
Cheris Fletcher	SOUTHERN MISSISSIPPI	VI	Gr.	Albany, Ga.	3.85	Architectural eng. / construction
Silje Fjortoft	SOUTHERN METHODIST	VI	So.	Orsta, Norway	3.87	German
Christina Graham	TEXAS TECH	VI	Sr.	El Paso, Texas	3.90	Psychology
Samantha Henry	LOUISIANA STATE	VI	Jr.	Kingston, Jamaica	3.42	Accounting
Dorcus Kapkiai	SE LOUISIANA	VI	So.	Eldoret, Kenya	3.67	General studies
Anna Lyons	LOUISIANA STATE	VI	Sr.	Ruston, La.	4.00	Kinesiology
Catherine White	ARKANSAS	VI	So.	Roanoke, Va.	3.75	Food science

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Haylee Allen	HARDIN-SIMMONS	VI	Jr.	Buffalo Gap, Texas	4.00	Education
D'Ann Arthur	TRINITY (TEXAS)	VI	Sr.	Colleyville, Texas	3.89	Biology
Valerie Clark	TEXAS LUTHERAN	VI	Sr.	Salado, Texas	3.87	Kinesiology
Angela Cuba	DALLAS	VI	Jr.	Holliday, Texas	3.80	History
Katy Grant	HARDING	VI	Sr.	Mustang, Okla.	4.00	Social work
Charlotte Heron	OKLAHOMA CHRISTIAN	VI	Sr.	Southampton, England	4.00	Political science
Ashley Huston	HARDIN-SIMMONS	VI	Sr.	Buffalo Gap, Texas	3.72	Education
Michaela Krcova	SOUTHERN ARKANSAS	VI	Jr.	Trnava, Slovakia	4.00	Business administration / finance
Amber Lowe	TEXAS LUTHERAN	VI	Sr.	Sugar Land, Texas	4.00	Kinesiology
Vicky Schandavel	HARDING	VI	Gr.	Greer, S.C.	3.81	Spanish



2009 Academic All-District Women's Track/Cross Country Team

District 7

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Jenny Barringer	COLORADO	VII	Sr.	Oviedo, Fla.	3.56	Political science / economics
Amanda Benz	NORTH DAKOTA STATE	VII	Sr.	Mounds View, Minn.	4.00	Psychology
Lauren Bonds	KANSAS	VII	Jr.	Hutchinson, Kan.	4.00	Political Science / intl. studies
Brittany Brenny	NORTH DAKOTA	VII	Jr.	Staples, Minn.	4.00	Physical education / exercise sci.
Whitney Carlson	NORTH DAKOTA STATE	VII	So.	Buchanan, N.D.	4.00	Zoology
Elisabeth Driscoll	MONTANA STATE	VII	Sr.	Bozeman, Mont.	4.00	Mechanical eng. / modern languages
Loren Groves	KANSAS STATE	VII	Sr.	Scott City, Mo.	3.76	Education
Laura Hermanson	NORTH DAKOTA STATE	VII	Sr.	Burnsville, Minn.	3.94	Business administration
Sara Hiller	MISSOURI-KANSAS CITY	VII	Sr.	Springfield, Mo.	4.00	Pharmacy
Lisa Koll	IOWA STATE	VII	Gr.	Fort Dodge, Iowa	3.98	Veterinary medicine
Amy Warren	SE MISSOURI STATE	VII	Sr.	Cincinnati, Ohio	4.00	Communication disorders / Spanish

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Jocelyn Burke	IOWA	VII	Jr.	Parker, Colo.	4.09	Psychology / sociology
Kellie Callahan	NORTHERN COLORADO	VII	Jr.	Colorado Springs, Colo.	4.00	Nursing
Rachel Carrizales	NEBRASKA	VII	Sr.	Morrill, Neb.	3.78	Elementary education
Kristi Dahlheimer	NORTH DAKOTA	VII	Jr.	Anoka, Minn.	4.00	Physical therapy
Amanda Frohling	SOUTH DAKOTA STATE	VII	Sr.	Yankton, S.D.	4.00	Biology / pre-physical therapy
Emily Higgins	WYOMING	VII	Jr.	Deaver, Wyo.	3.95	Kinesiology / health promotion
Stacy Huss	SOUTH DAKOTA STATE	VII	Sr.	Fort Pierre, S.D.	3.97	Sociology / pre-law
Ellie Rudy	MONTANA STATE	VII	Sr.	Woodland Park, Colo.	3.37	Cellular biology / neuroscience
Natalie Willer	NEBRASKA	VII	So.	Elkhorn, Neb.	3.98	Biological sciences

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Courtney Ayers	SOUTHWEST BAPTIST	VII	Jr.	Maryland Hts., Mo.	4.00	Christian ministries
Hannah Baker	WARTBURG	VII	Jr.	Keota, Iowa	3.97	Biology
Emma Erickson	SOUTH DAKOTA	VII	So.	Gayville, S.D.	3.94	Pre-physical therapy
Erin Keitges	MORNINGSIDE	VII	Jr.	Jackson, Neb.	3.95	Elementary education
Venessa Lee	PITTSBURG STATE	VII	Sr.	Cleveland, Mo.	3.89	Biology (pre-medicine) / Spanish
Lavenna Mullenbach	ADAMS STATE	VII	Sr.	Georgetown, Texas	3.67	Elementary education
Abby Schlueter	DOANE	VII	Sr.	Beatrice, Neb.	3.67	Biology
Kelsey Steffens	WARTBURG	VII	Sr.	DeWitt, Iowa	3.90	Elementary education
Vanessa Warzecha	MORNINGSIDE	VII	Sr.	Aloha, Ore.	4.00	Biology
Heather Wood	ADAMS STATE	VII	Sr.	Los Alamos, N.M.	3.89	Mathematics / computer science

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Jessica Adams	ADAMS STATE	VII	Jr.	Cimarron, N.M.	3.86	Biology / chemistry
Alli Alberts	WASHINGTON UNIV. (MO.)	VII	Sr.	Smithton, Ill.	3.68	Biology / anthropology
Rachel Boeke	CENTRAL	VII	Sr.	Cedar Rapids, Iowa	3.58	Exercise science / athletic training
Brittney Graff	PITTSBURG STATE	VII	So.	Eudora, Kan.	4.00	Nursing
Rachelle Hawkins	CORNELL (IOWA)	VII	Sr.	Boise, Idaho	3.69	Kinesiology
Amber Hegge	SOUTH DAKOTA	VII	So.	Crofton, Neb.	3.93	Pre-business studies
Lisa Hughes	LINDENWOOD	VII	Sr.	Orchard Farm, Mo.	3.92	Accounting
Ciara Lipsey	MISSOURI SOUTHERN ST.	VII	Jr.	Wichita, Kan.	3.95	Marketing & management
Zhulietta Mechkarska	LINDENWOOD	VII	Gr.	Sliven, Bulgaria	3.76	International business
Jamie Moline	MISSOURI SCI. & TECH.	VII	Sr.	St. Charles, Mo.	4.00	Biological sciences
Jackie Spelts	NEBRASKA WESLEYAN	VII	Jr.	Burwell, Neb.	3.80	Health & fitness studies
Kimi Shank	MISSOURI SOUTHERN ST.	VII	Jr.	Rolla, Mo.	3.95	Health promotion & wellness



2009 Academic All-District Women's Track/Cross Country Team

District 8

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Nicole Blood	OREGON	VIII	Jr.	Saratoga Springs, N.Y.	3.48	Journalism
Ashley Burt	PEPPERDINE	VIII	Sr.	Boise, Idaho	3.93	Mathematics
Chelsea DiGrazia	UTAH	VIII	Sr.	Elko, Nev.	3.76	Exercise and sport science
Lauren Endersen	UTAH	VIII	Sr.	West Jordan, Utah	4.00	Biology
Karoline Koehler	SAN DIEGO STATE	VIII	Sr.	Erfurt, Germany	3.82	International economics
Allix Lee-Painter	IDAHO	VIII	Sr.	Moscow, Idaho	3.83	Secondary education / English
Noelle Lopez	SANTA CLARA	VIII	Sr.	Tucson, Ariz.	3.99	Philosophy
Sarah Stevens	ARIZONA STATE	VIII	Gr.	Ft. Collins, Colo.	3.46	Elementary education (master's)
Sara Trané	WASHINGTON STATE	VIII	Sr.	Pixblo, Sweden	3.96	Psychology
Annett Wichmann	HAWAII	VIII	Sr.	Jena, Germany	3.82	Kinesiology / leisure science

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Alyssa Abbott	UTAH	VIII	Jr.	Reno, Nev.	3.83	Exercise & sport science
Josefin Berg	UTAH	VIII	Sr.	Osthammar, Sweden	3.46	Human development / family studies
Alicia Follmar	STANFORD	VIII	Sr.	Saratoga, Calif.	3.52	Human biology
Kristina Dahlgren	IDAHO	VIII	Sr.	Missoula, Mont.	3.61	Sport science
Christie Gordon	IDAHO	VIII	Sr.	Edmonton, Alberta	3.53	Sport science
Ashley Johnson	UTAH STATE	VIII	Gr.	Paradise, Utah	3.76	Health / physical edu. & recreation
Ali Kielty	ARIZONA STATE	VIII	Jr.	Torrance, Calif.	3.65	Kinesiology
Amy Layne	BRIGHAM YOUNG	VIII	Sr.	Fairfield, Texas	3.82	Chemical engineering
Kalindra McFadden	OREGON	VIII	Sr.	Bozeman, Mont.	3.64	Psychology
Grace Wiesmann	FRESNO STATE	VIII	Sr.	Castaic, Calif.	3.92	Kinesiology / physical education

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Risa Allen	PACIFIC	VIII	Sr.	Portland, Ore.	3.70	Mathematics
Shawna Alvarez	CAL. ST.-SAN BERNARDINO	VIII	Jr.	Twentynine, Calif.	3.95	Nursing
Maddie Coffman	WILLAMETTE	VIII	Sr.	Boise, Idaho	3.79	Biology
Heidi Dimmitt	WESTERN WASHINGTON	VIII	Sr.	Wenatchee, Wash.	3.66	Chemistry
Christina Edholm	WILLAMETTE	VIII	Jr.	Pleasanton, Calif.	3.76	Mathematics / physics
Rosemary Feikert	CAL. ST.-STANISLAUS	VIII	Sr.	Concord, Calif.	3.53	Nursing
Katie Hansen	SEATTLE	VIII	Sr.	Portland, Ore.	3.93	Biology
Molly Lewis	WILLAMETTE	VIII	Jr.	Fox Island, Wash.	3.99	Spanish
Jessica Pixler	SEATTLE PACIFIC	VIII	Jr.	Sammamish, Wash.	3.92	English
Jeeni Schantin	SEATTLE PACIFIC	VIII	Sr.	West Linn, Ore.	3.92	Sociology
Amanda Whitford	BRIGHAM YOUNG-HAWAII	VIII	Sr.	Pinon Hills, Calif.	3.75	Elementary education

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Emily Hodgin	GEORGE FOX	VIII	Sr.	Bellingham, Wash.	3.79	Family & consumer sciences
Jane Larson	SEATTLE PACIFIC	VIII	Jr.	Fall City, Wash.	3.78	English
JoAnne Mayer	WHITWORTH	VIII	Jr.	Spokane, Wash.	3.95	Math
Caitlin McGrane	PUGET SOUND	VIII	Jr.	Colville, Wash.	3.71	Politics & government
Alexandra (Lexie) Miller	PACIFIC LUTHERAN	VIII	Sr.	Tacoma, Wash.	3.91	Computer science & mathematics
Stephanie Persaud	CONCORDIA (ORE)	VIII	So.	Portland, Ore.	3.67	Chemistry
Tonya Turner	WHITWORTH	VIII	So.	Spokane, Wash.	4.00	Health science
Kortney Watring	REDLANDS	VIII	So.	Riverside, Calif.	3.96	English
Kathryn Williams	WHITWORTH	VIII	So.	Colorado Springs, Colo.	4.00	Peace studies / Spanish